



2022-2023 FIRST YEAR STUDENT HANDBOOK



KING'S BUSINESS CLUB

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WELCOME TO KING'S!

Congratulations for making it to one of the world's most prestigious universities!

Starting university is an exciting transition into adulthood and independence for most Freshers. Whether it's making friends, getting good grades, or simply finding the best place to eat on campus, the King's Business Club has you covered with our Student Handbook!

King's Business Club is the largest business and finance society in London. We strive to inspire, educate and connect students together through our renowned career and social events.

UPCOMING EVENTS



KCLSU Fresher's Fair
22 - 23 September



KBC Boat Party
23 September



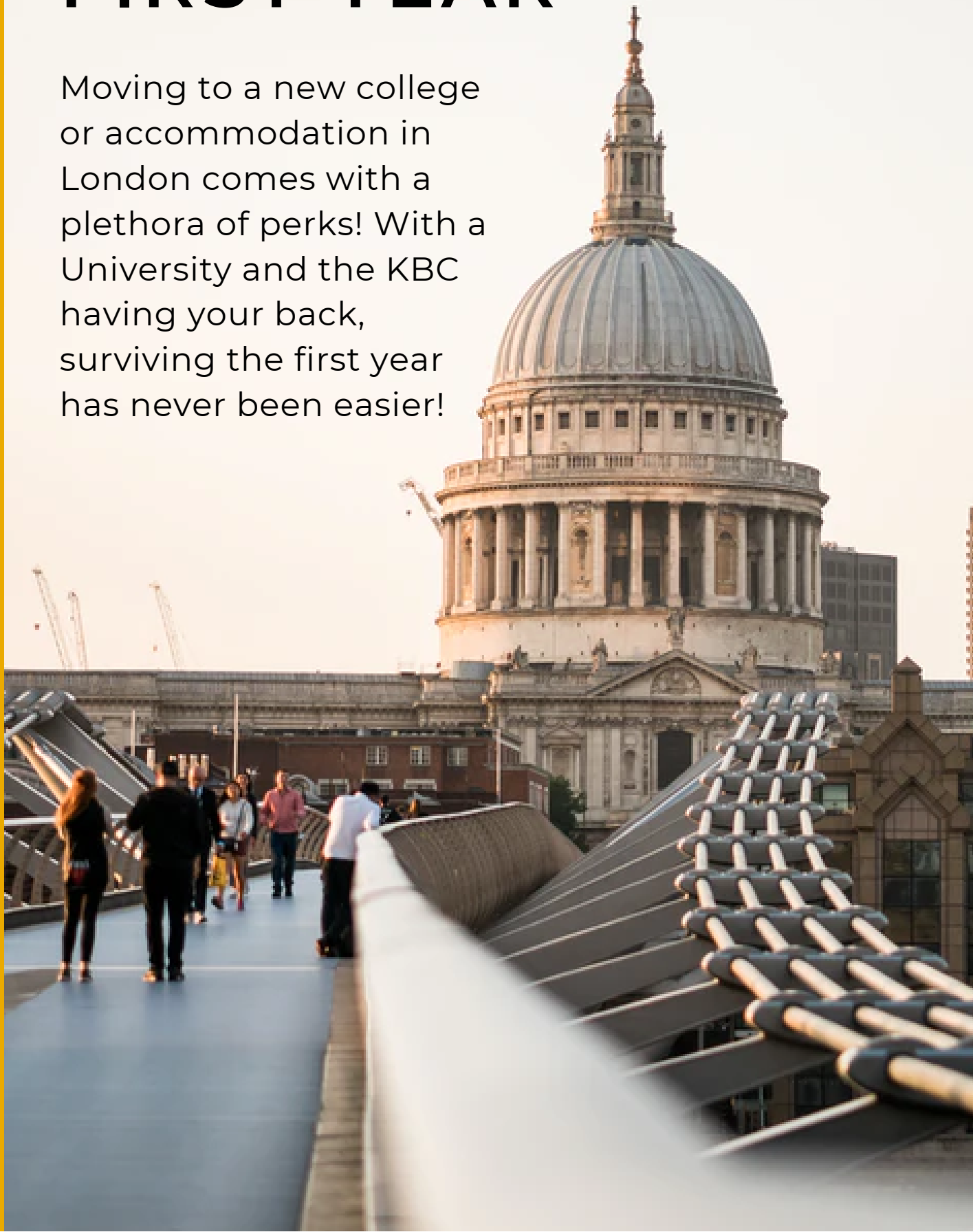
Finance Week
3 - 7 October



Consulting Week
17 - 21 October

SURVIVING FIRST YEAR

Moving to a new college or accommodation in London comes with a plethora of perks! With a University and the KBC having your back, surviving the first year has never been easier!



FIRST YEAR MYTHS, DEBUNKED!

"It's hard to make friends in your first year of university, especially in city-based universities without live-in campuses"

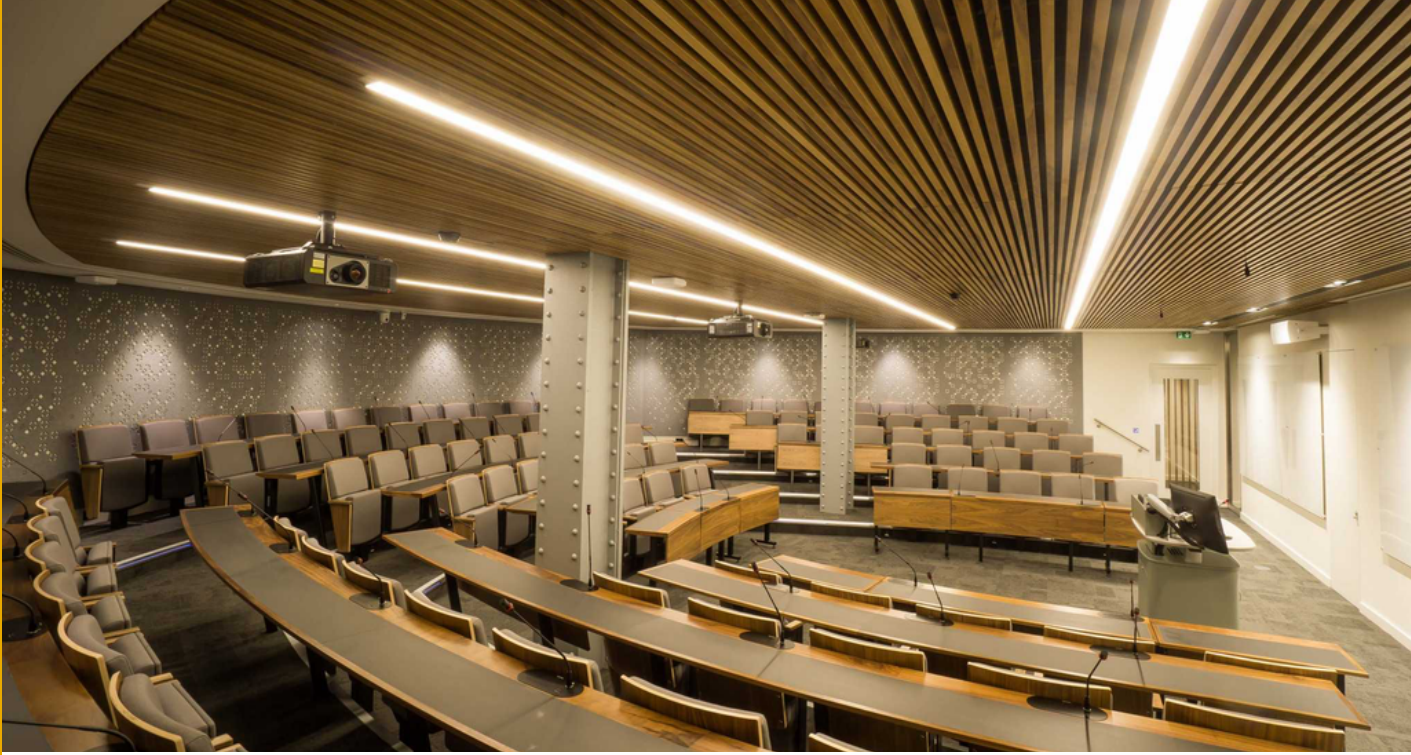
Making friends is fairly easy in 1st and 2nd year – as long as there's a reciprocated effort. Attend classes in-person, sign up, join, and participate in societies and any extracurriculars you enjoy.

"All I need is a 2:1 to make it through"

Never limit yourself and your capabilities. Instead of just getting by, try to organise your workspace to complement your work timings and maximise your efficiency. The higher you aim, the better you're likely to do!

"1st Year is only about parties, socialisation and finding a group to fit in with"

All social aspects of university are important but can easily be balanced with academic work. Finding the sweet spot between the two will give you the best of both experiences.



FROM ONLINE TO IN-PERSON

Although most lectures and tutorials will be taking place in-person this year, lecturers will retain some valuable online learning practice.

We recommend that you become familiar with [KEATS](#), King's e-learning platform. Your reading list, lecture slides, and other supplementary material will be uploaded here.

Finding your lecture hall or classrooms can be tricky! Ensure that you have enough time to get to your lessons. Ask the receptionist for help if you need directions.

QUIET WORKSPACE ON CAMPUS

- Strand: Maughan Library
- Guys: New Hunt's House Library
- Waterloo: Franklin Wilkins Library
- Denmark Hill: IoPPN Library



ACADEMIC TIPS

- Always attend **lectures** in person and then watch the recording for maximum retention
- Submit all **formative assessments** – while their grade won't be counted, they can reveal essential factors, tips, and weaknesses you could've made in the summative assessment
- Your professors are just an email away! Compile multiple queries and book an **office hour** for support in academia
- Take full advantage of the [journal article databases](#) King's has access to
- Make a **calendar** with all your assessment deadlines at the start of the term
- Make **notes** of your lectures alongside the online recordings to gain a simplified and personalised understanding

Here are KBC's favourite note-taking apps:



OneNote



Notion



Notability



GoodNotes

TIP #1 - TAKING NOTES

Freshers often invest too much time in note-taking rather than learning and understanding the lecture content. Ensure that you have enough time for revision!

LIFE IN LONDON

Settling in London might seem overwhelming, but don't worry we got you! From [transport links](#) to [budgeting](#), this bit will come in handy!



TRANSPORT

The **London tube** is the fastest way to travel long distances across central London.

The **bus** is also a great alternative if you don't like the underground or want to save money. It's also a nice way to sightsee while commuting on the top floor of a double-decker bus!

To pay for your journey, you can use an **Oyster Card** which you can get from all tube and overground stations. Alternatively, you can pay using contactless bank cards or mobile payment.

London is big and finding your way can get tricky! Navigation is made easier with your preferred map app. We recommend **Citymapper** as it only helps you find your way but also tells you the cost of travelling. You can also use **Google Maps** to find your way.



Google Maps

TIP #2 - USING THE TUBE

- Check the tube map carefully - make sure you are on the correct platform
- Check the final destination of the incoming train - make sure you board the correct train that goes in the right direction and that will stop at your preferred destination
- Stand on the right side of the escalators

[Here](#) is a video on how to use the tube.



PACKING FOR LONDON WEATHER

You do not want to be soaking wet when you get home like the man in the blue shirt. Be prepared for the unpredictable London weather during the autumn and winter seasons by packing the following items:

- A warm coat
- An umbrella
- Pair of gloves
- Waterproof shoes

On the other hand, London summers bring along bright and warm days, making them the perfect time to go for a picnic, a cycle ride or enjoy the great outdoors – be prepped with a **casual temperate wardrobe**.

The **weather app** is the best gauge of what the day will look like – and is the most accurate on the same morning. Temperatures generally range from 4°C to 23°C in London.



FOOD

London offers one of the most diverse food ranges of any city in the world – offering nearly every cuisine.

King's four campuses boast multiple cafes to grab a quick bite between classes and studies. Here are our top recommendations:

- King's Kitchen - Bush House
- The Shack - Bush House
- The Vegan Café - Bush House
- The Shed - Guy's Campus
- Guy's Bar - Guy's Campus
- Bytes Café - Franklin Wilkins Building

Groceries are also available at a variety of chain stores ranging from budget-friendly Aldi, Lidl, Tesco and Sainsbury, M&S Food.

TIP #3 - BUYING GROCERIES

Buy your weekly grocery in one visit! Set a weekly expenditure for grocery items. This will help you focus on what is necessary and prevent overspending and food waste

OUR RECOMMENDATIONS

Brunch

Mildreds
Panttechnicon

Coffee

be-oom
Origin Coffee

Dinner

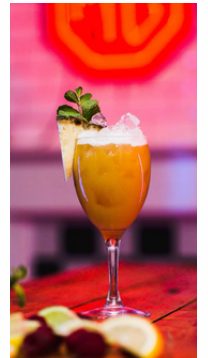
Ceviche
Dishoom

Bakery & Dessert

Arome Bakery
Pearl & Grove

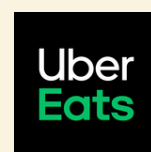
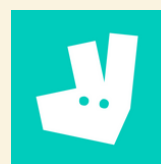
Bar

Blues Kitchen
Simmons



Don't feel like going out?

Use London's quick **food delivery** services such as Deliveroo, Uber Eats, and Just Eat.



LEISURE ACTIVITIES

WITH KCL

Join a sports club to gain access to all the facilities ranging from Basketball to Brazilian Jiu Jitsu!

Join an activity group to become a member of the Chess, Brass Band, Gospel, Robotics Society, among many others!

Keep a look out for various events, ranging from boat parties to networking functions!

IN LONDON

With the richness of history and metropolitan status of London – both domestic and international students have plenty of opportunities to visit places such as:

- **Tate Modern** – A world-renowned, free-entry Art Gallery
- **Winter Wonderland** – A winter-themed amusement park in Hyde Park – running from November to January and celebrating every spirited Christmas joy!
- **Oxford Street** – Exotic food? World famous stores? Top-notch restaurants? All found in 1 street of international fame in the heart of central London!

Visit tranquil green spaces such as Hyde Park, Regent's Park, and Holland Park to name a few.

OR PLAN A TRIP AND VENTURE OUT OF LONDON!

BUDGETING & STUDENT DISCOUNTS

Budgeting is made easy by using a variety of **apps** to aid in the daily consolidation of your money, such as Spendee, Splitwise and the ever-convenient Monzo.

Having the status of a student can avail a wide variety of student-specific discounts. These are some of them:

- **18+ Student Oyster photocard**- All students above the age of 18, can apply for this and save 30% on their Travelcards and Bus & Tram Pass season tickets.
- **Tesco Clubcard**- The loyalty card helps you purchase groceries at a lower price in-store as well as online.
- **Student discount schemes** - UNiDAYs and Student Beans provide access to multiple deals while shopping online. This includes saving at brands like Apple, Urban Outfitters, H&M, and restaurants like Domino's and Las Iguanas.

TIP #4

It would be best to carry your student ID card with you, as many places offer student discounts, but require ID proof. So don't miss out on an opportunity to save a few pounds just because you don't have your ID on you!

KCL also helps in adding to your budget and offers **part-time employment** via the King's Talent Bank, Student Ambassador Programmes and through KCLSU

ABOUT KING'S: CAMPUS LIFE

Now that you know the basics about London your journey continues as a King's student, but that should be pretty easy because of all the help King's has to offer!





HEALTH AND WELLBEING SUPPORT

Looking for someone to discuss personal problems? King's offers **free and confidential** online counselling. Specialist services outside the university are also available. Find out more [here](#).

For other health services, make sure to register with a GP. As a King's student, you can register with the King's College NHS Health Centre at Bush House South East Wing, Strand Campus.

Tune in on **King's Wellbeing Week** held annually from 8th - 14th November. Hosted by the King's Student Union (KCLSU), the wellbeing week has plenty of opportunities for you to take a step back from your stressful student life.

CAREERS

[King's Career Connect](#) is an amazing platform for any career support! You can also book an appointment with a Careers Consultant via the same platform. Please note that students with disabilities are entitled to longer one-to-one appointments which must be booked by emailing careers-disability@kcl.ac.uk.

ARE YOU READY FOR **SPRING WEEK**?

What is Spring Week?

Spring Week (or Insight Week) is an opportunity for first-year students to gain experience. They tend to begin in April and last for a maximum of two weeks. Spring Weeks can be found in industries like banking, engineering, finance, law, and more! Students engage in group projects, workshops and networking.

When Should I Apply?

Apply as soon as possible! Most large firms have a first-come-first-serve application process. Applications generally open in September. For smaller firms, applications are open from November onwards. Visit [**Bright Network**](#) to keep track of application deadlines and find an internship that interests you the most!

How Do I Prepare?

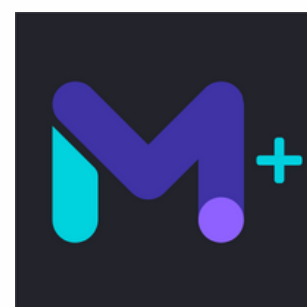
Attend events by King's Business Club! We host excellent career events for those seeking guidance on CVs and Interviews!

STAYING ACTIVE AND PRODUCTIVE

Looking to start or continue your fitness journey? Enjoy discounted rates at our campus gyms – Strand, Waterloo, and London Bridge. Students pay £13.99 or £20.99 monthly for off-peak or peak hours respectively.

Download the **Moves +** App!!

This app rewards the user for their physical activities like walking, running, cycling or swimming. Rewards range from getting free coffee at King's cafés to winning hoodies and yoga mats!



For more information on how to best utilise the sports facilities at King's visit the [King's Sports website](#).

SOCIETIES

KCL proudly boasts over 200 societies ranging from archery all the way to biotechnology and synthetic biology. Almost every sport, country and major has a specially dedicated society and can be signed up for during the KCLSU Freshers Fair or on [KCLSU.org](#).

TIP #5 - BUYING SOCIETY MEMBERSHIP

Freshers often buy a society's membership but never reap the benefits from it. Before paying for membership attend events organised by the society to understand whether the society is really worth your money



KING'S BUSINESS CLUB

GET INVOLVED WITH KING'S BUSINESS CLUB

King's Business Club (KBC) is the largest society in King's College London. We strive to provide our student community with abundant opportunities to achieve their personal aspirations.





JOIN KING'S BUSINESS CLUB

Engage in insightful and enriching events.

Enter challenging competitions and join KBC adventures in other cities and countries!

Gain new skills and practical experiences.

Apply for a position at KBC! Our 9 departments allow you to dive into fields ranging from Finance to Publications.

Expand your networks

Connect with King's alumni working at your dream companies, industry leaders, and fellow KBC members who could be your future partners!





PERSONAL INSIGHTS BY KBC MEMBERS



Michael Tye

BSc Accounting and Finance
President at KBC

“

King's Business Club has been more than just society for me, its family. Nowhere else in King's will you find a better group of friends that will want the best for you, to guide you and push you further in your studies and your career, whilst being people you can enjoy life with and truly trust. Alumni have always said KBC has shaped their university experience more than KCL ever did. That is why, after 14 years, we still exist today.

”



Ayaan Tigdikar

BSc Economics and Management
Head of Publications at KBC

“

As a first-year student, I felt lost and overwhelmed. I struggled to maintain a healthy balance between my academics, social life and career. Joining KBC was transformational. I finally felt like I belonged to a community where people would support me during my ups and downs. I am forever grateful to KBC to guide me through one of the most difficult periods of my life.

”



OUR DEPARTMENTS



LEADERSHIP

Comprised of the President, Vice President and their heads of departments, they drive the society and determine its direction each academic year

 @kingsbusinessclub



CONSULTING

Provide exclusive networking and insight events with top-tier companies, tailored consulting application advice, and take part in the organisation of London Case Competition



MARKETING

Responsible for the promotion and reinforcement of the society by gaining the attention of key potential audiences and partners and maintaining relationships with them



FINANCE

Educate and inform on all matters relating to the finance industry through a plethora of career-orientated events

TALENT

In charge of key society functions from recruitment to monitoring KPIs, altogether giving direct hands-on experience with managing a diverse and dynamic team

ESG

Implementing strategy that champions sustainability and social impact, creating value and meaning behind the organisation.



PUBLICATIONS

Responsible for the King's Business Review, an online publications platform harbouring the creative and academic insights of students, academics, and professionals

 @kingsbusinessreview



TECHNOLOGY

Central to all technology projects within KBC from web and mobile app developments to hosting events with prominent players in the technology sector showcasing the utility of technology in the finance and commerce world

ENTERPRISE

Connect students with industry leaders and top founders to inspire, gather contacts and spread innovation, through competitions, networking panels and more



OUR PROJECTS



KING'S CAPITAL

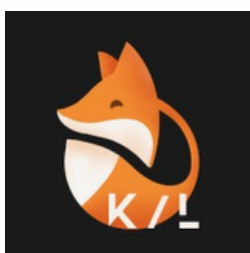
A prestigious student-led investment fund supporting financial literacy and seeks to develop the foundations of money management within its members, and encourages them to take responsibility of their finances for the future through fortnightly stock pitches delivered to peers and industry professionals.

 @kingscapitalkbc

KING'S + STRATEGY

Enable talent, encourage initiative, and empower leadership to lift up the next generation of advisory service professionals through education, mentorship, and hands-on experience, while upholding the highest standard in delivering the best services to our clients.

 @kingsconsultingkbc



King's Labs are committed to building quality software able to facilitate the lives of students at King's and across the globe. We are dedicated to jump-starting amazing careers in tech for our ambitious and talented end engineers.

 @kingslabs



WHO WE WORKED WITH



McKinsey
& Company



Goldman
Sachs

VOGUE



The
Guardian

JOIN OUR FRESHERS' WHATSAPP GROUP CHAT



SCAN THE QR CODE TO JOIN THE CHAT
OR CLICK ON THE LINK BELOW!

shorturl.at/dgKU9

BECOME A MEMBER



Subscribe to our newsletter
to stay up to date with our
latest news and upcoming
events! Good luck!